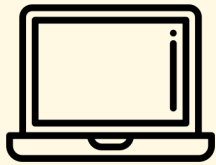


# NDIS 101: Self-Management

Self-managing your NDIS plan means that you organise your own disability supports.

There are some skills you need to have so that you can look after your NDIS plan. Think about whether you have some of these skills or whether you need to learn them.

## STEPS YOU NEED TO TAKE TO FIND DISABILITY SUPPORTS



### Research

to find people and companies that provide the disability supports you want



### Decide

who you want to support you



### Contact

people and companies to find out how they can support you

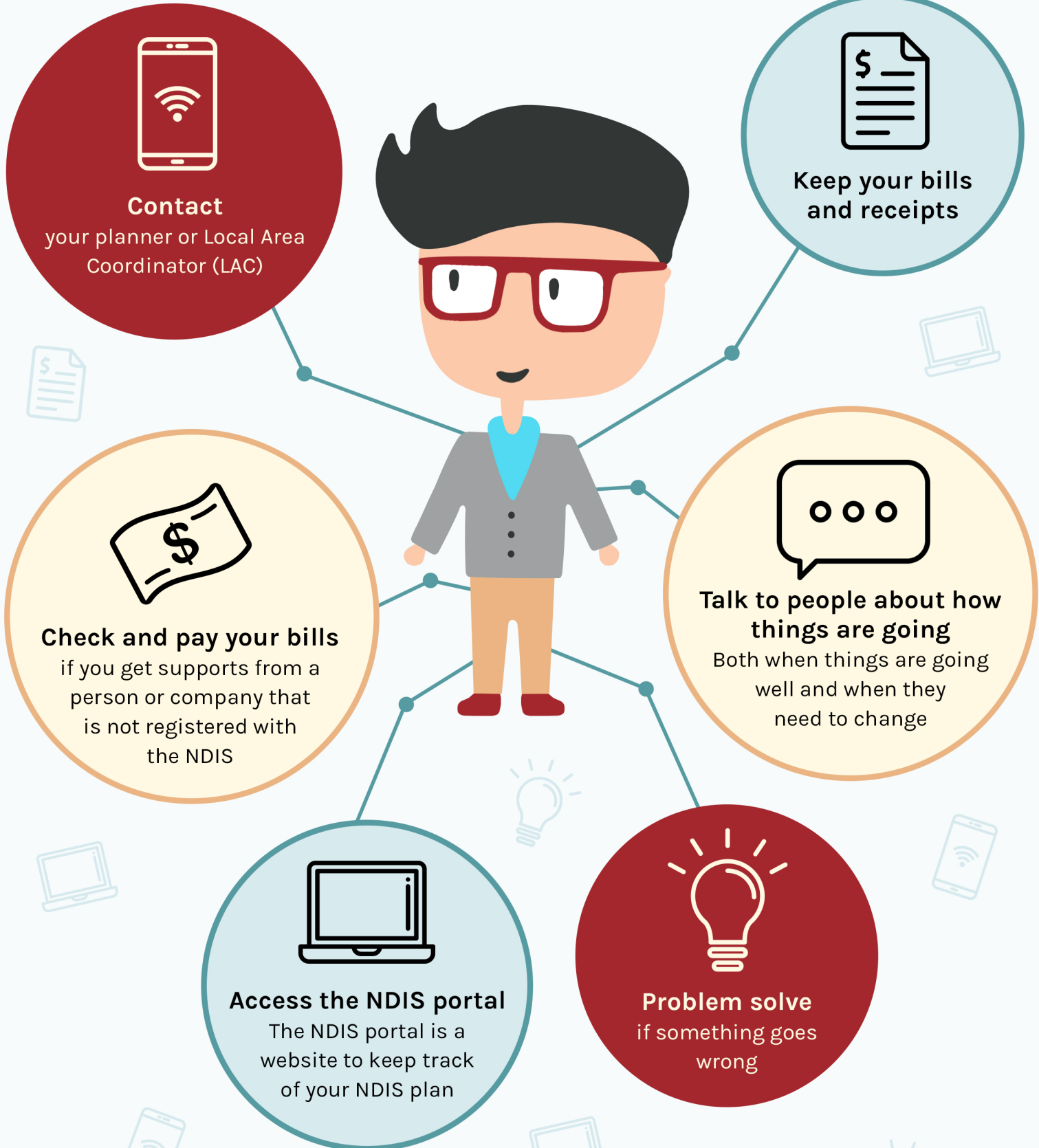


### Make agreements

with the people and companies supporting you



# STEPS YOU NEED TO TAKE TO USE YOUR DISABILITY SUPPORTS



## Contact

your planner or Local Area Coordinator (LAC)

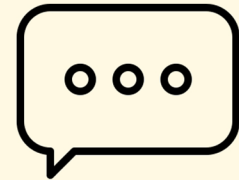


Keep your bills and receipts



## Check and pay your bills

if you get supports from a person or company that is not registered with the NDIS



## Talk to people about how things are going

Both when things are going well and when they need to change



## Access the NDIS portal

The NDIS portal is a website to keep track of your NDIS plan



## Problem solve

if something goes wrong

