



ydas



Youth Disability
Advocacy Service

Sharing your experiences with Youth Disability Advocacy Service

About this survey

This survey is about disabled young people's bad experiences. The survey will help stop those bad experiences from happening. In this survey we will ask questions about your experiences and what you think should change.

The survey is run by Youth Disability Advocacy Service. We will use the information you share with us to tell the Australian Government how to make life better for disabled young people.

Only answer the questions you feel comfortable answering.

Before starting this survey, you might want to look at some information on the Youth Disability Advocacy Service website that explain some of the words we use.

This survey might make you feel sad. Please make sure that you are feeling okay before starting the survey. At the end, take some time to look after yourself. If you want to talk to someone about your feelings please use the numbers below:

Kids Helpline: 1800 55 1800

QLife Australia: 1800 184 527

1800RESPECT: 1800 737 732

Lifeline: 13 11 14

This survey is not part of Youth Disability Advocacy Service's individual advocacy service. To find out more about that, go to www.ydas.org.au

1. This survey is for disabled young people (aged 12-25) living in Victoria. Is this you?

Yes

No

2. Are you completing this survey on behalf of or with a young disabled person?

Yes

No



Sharing your experiences with Youth Disability Advocacy Service

About you

We will ask some questions about you. You only need to answer the questions you want to answer. You can leave a question blank if you do not know the answer or you do not want to tell us

3. How old are you?

4. What is your gender?

5. Where do you live?

- Rural/regional Victoria
- A regional city (Ballarat, Bendigo, Geelong, Horsham, Latrobe, Mildura, Shepparton, Wangaratta, Warrnambool or Wodonga)
- Melbourne and suburbs

6. What is your postcode?

7. Are you currently studying? If yes, what are you studying?

- Mainstream school
- Specialist school
- Alternative school (e.g. Steiner, Montessori)
- Home Schooling or Distance Education
- TAFE
- Undergraduate degree
- Post-graduate degree
- Apprenticeship/Traineeship
- I'm not studying

8. Is your school or university private or public?

- Private
- Public
- Not sure

9. Are you currently working? If yes, what is the main kind of work you are doing?

- Working full time
- Working part time
- Working casually
- Contract- or task-based work (e.g. short-term contract or delivery riding)
- Supported employment or sheltered workplace
- Self-employed
- Looking for work
- Doing unpaid work (internship, caring, unpaid domestic labour)
- Not currently working

10. Do you belong to any of the following groups?

- Aboriginal and/or Torres Strait Islander
- Culturally and/or Linguistically Diverse (CALD) and/or refugee and/or migrant and/or Person of Colour
- LBGTIQA+
- Have an experience of mental ill-health
- International student
- In out-of-home care
- Experienced justice system
- Experienced homelessness

11. What kind of disability/disabilities do you have?(At YDAS we define disability very broadly. We include things like physical disability, intellectual disability, neurodiversity, mental illness, chronic illness)



Sharing your experiences with Youth Disability Advocacy Service

Your experiences

In this section we will ask you some questions about your bad experiences. We will give you some examples of bad experiences and ask you to tell us more.

Only answer the questions that you are comfortable answering. You do not have to answer every question.

12. Tick the things that have happened to you:

- Bullying
- Physically hurt
- Hurt feelings
- Been stopped from eating or sleeping
- Been trapped you somewhere you did not want to be
- Sexual assault
- Restrictive practice (for example someone locked you in a room, gave you medicine to make you sleepy or someone held you down)

13. At YDAS we think that all of those things above are examples of violence. Can you tell us a bit more about your experiences of violence?

14. Tick the following if someone has ever:

- Called you rude names
- Threatened to hurt you
- Humiliated you
- Made you feel bad about yourself
- Yelled at you
- Embarrassed you on purpose
- Started rumours about you
- Not let you have control over your own money
- Told your secrets to other people

15. At YDAS we think that all of those things above are examples of abuse. Can you tell us a bit more about your experiences of abuse?

16. Tick the following if you have ever not had:

- Enough food or drink
- Enough clean clothes
- Enough medicine
- Help to do things around the house or at school
- A safe place to sleep
- A way to move around

17. At YDAS we think that all of those things above are examples of neglect. Can you tell us a bit more about your experiences of neglect?

18. Tick the following if you have ever:

- Worked without getting paid minimum wage
- Worked at a sheltered workshop

19. At YDAS we think that all of those things above are examples of exploitation. Can you tell us a bit more about your experiences of exploitation?



ydas



Youth Disability
Advocacy Service

Sharing your experiences with Youth Disability Advocacy Service

What's next?

In this section we will ask questions about what you think needs to change

20. What you think needs to change so that young disabled people don't have to experience violence, abuse, neglect or exploitation?

21. What are the major changes you think that the government should make?

22. Would you be interested in talking with YDAS more about your experiences or about what you think needs to change?

- Yes
- No
- Maybe

23. What is your name?

24. Please provide an email or phone number so we can contact you

25. How would you like to be involved next?

- Group discussion with other disabled young people
- Individual interview (over the phone, SMS, email, Zoom,)
- Another survey like this one
- Writing or drawing your own story
- Get help recording your story
- Something else?

26. Would you like to talk more with YDAS about any of these issues?

- Mental Wellbeing
- Justice/ Police
- Housing/Homelessness
- Transport
- NDIS
- Education
- Health and Medical Mistreatment
- Access
- Employment
- Something else?